

Illinois Wesleyan University

2019 Women's Indoor Track Bests



TEAM RESULTS

Dec. 1	IWU First Chance Meet	No team scores kept
Jan. 26	Top Times Titan Open	2 nd (of 8 teams)
Feb. 2	Keck DIII Select Invitational	3 rd (of 7 teams)
Feb. 9	Monmouth College Invitational	3 rd (of 8 teams)
Feb. 16	DePauw University Invitational	1 st (of 12 teams)
Feb. 22-23	CCIW Championships	5 th (of 9 teams)

SCHOOL RECORDS SET THIS SEASON

55 Meter Dash

60 Meter Dash

IWU Record: Nia Joiner

Jill Runyon (Pekin, Ill. / Tremont HS)	7.80	2016
Becca Anderson (Clinton, Ill. / Clinton HS)	8.18	IWU First Chance, 12/1/18
Rachel Osoba (Naperville, Ill. / Neuqua Valley HS)	8.25	Top Times Titan Open, 1/26/19
Nia Lee (Romeoville, Ill. / Romeoville HS)	8.41	Keck DIII Select, 2/2/19
Davida Boron (Country Club Hills, Ill. / Rich Central HS)	8.55	Top Times Titan Open, 1/26/19
Emma Helferich (Monticello, Ill. / Monticello HS)	8.57	CCIW Championships, 2/23/19
Miranda Rohder (Morris, Ill. / Coal City HS)	8.70	Top Times Titan Open, 1/26/19
Jorri Sandage (LeRoy, Ill. / LeRoy HS)	8.74	IWU First Chance, 12/1/18
Flower Edington (Wilmette, Ill. / New Trier HS)	8.77	DePauw Invitational, 2/16/19
Queen Igomu (Nigeria, West Africa)	8.94	IWU First Chance, 12/1/18
Dareana Roy (Harvey, La. / Patrick F. Taylor Academy)	9.13	Monmouth Invitational, 2/9/19
Shakira Cruz Gonzalez (Gretna, La. / Helen Cox HS)	9.24	Monmouth Invitational, 2/9/19

200 Meter Dash

IWU Record: Rachel Anderson

Becca Anderson (Clinton, Ill. / Clinton HS)	26.61	2008
Jill Runyon (Pekin, Ill. / Tremont HS)	26.79	DePauw Invitational, 2/16/19
Rachel Osoba (Naperville, Ill. / Neuqua Valley HS)	27.56	Top Times Titan Open, 1/26/19
Davida Boron (Country Club Hills, Ill. / Rich Central HS)	27.74	Top Times Titan Open, 1/26/19
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)	27.92	CCIW Championships, 2/23/19
Jorri Sandage (LeRoy, Ill. / LeRoy HS)	27.98	DePauw Invitational, 2/16/19
Jordan Jumper (Danvers, Ill. / Olympia HS)	28.77	CCIW Championships, 2/23/19
Flower Edington (Wilmette, Ill. / New Trier HS)	28.82	CCIW Championships, 2/23/19
Emma Helferich (Monticello, Ill. / Monticello HS)	29.13	IWU First Chance, 12/1/18
Queen Igomu (Nigeria, West Africa)	29.69	IWU First Chance, 12/1/18
Emily Asselmeier (Glen Ellyn, Ill. / Glenbard West HS)	30.07	Keck DIII Select, 2/2/19
Dareana Roy (Harvey, La. / Patrick F. Taylor Academy)	30.39	Keck DIII Select, 2/2/19
Shakira Cruz Gonzalez (Gretna, La. / Helen Cox HS)	30.58	Keck DIII Select, 2/2/19
Emily Asselmeier (Glen Ellyn, Ill. / Glenbard West HS)	30.77	Top Times Titan Open, 1/26/19

300 Meter Dash

IWU Record: Rachel Anderson

Becca Anderson (Clinton, Ill. / Clinton HS)	41.40	2013
Miranda Rohder (Morris, Ill. / Coal City HS)	44.60	IWU First Chance, 12/1/18
Jorri Sandage (LeRoy, Ill. / LeRoy HS)	45.30	IWU First Chance, 12/1/18
Dareana Roy (Harvey, La. / Patrick F. Taylor Academy)	48.13	IWU First Chance, 12/1/18
Emily Asselmeier (Glen Ellyn, Ill. / Glenbard West HS)	48.89	IWU First Chance, 12/1/18

400 Meter Dash

IWU Record: Rachel Anderson

Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	58.86	2007
Becca Anderson (Clinton, Ill. / Clinton HS)	1:00.31	CCIW Championships, 2/23/19
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)	1:01.24	DePauw Invitational, 2/16/19
Davida Boron (Country Club Hills, Ill. / Rich Central HS)	1:05.73	DePauw Invitational, 2/16/19
Dareana Roy (Harvey, La. / Patrick F. Taylor Academy)	1:09.20	Keck DIII Select, 2/2/19
Jorri Sandage (LeRoy, Ill. / LeRoy HS)	1:09.56	Top Times Titan Open, 1/26/19
		Monmouth Invitational, 2/9/19

Emily Asselmeier (Glen Ellyn, Ill. / Glenbard West HS)	1:10.72	Keck DIII Select, 2/2/19
Shakira Cruz Gonzalez (Gretna, La. / Helen Cox HS)	1:11.61	Top Times Titan Open, 1/26/19
Queen Igomu (Nigeria, West Africa)	1:11.77	Top Times Titan Open, 1/26/19
Jaclyn Dziewior (Hanover, Ill. / Glenbard North HS)	1:14.38	Top Times Titan Open, 1/26/19

600 Meter Run

IWU Record: Tara Clemens	1:32.70	2012
Queen Igomu (Nigeria)	2:06.01	IWU First Chance, 12/1/18

800 Meter Run

IWU Record: Tara Clemens	2:09.88	2013
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	2:17.30	Top Times Titan Open, 1/26/19
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)	2:23.56	Monmouth Invitational, 2/9/19
Jenna Mirande (Peoria, Ill. / Limestone HS)	2:31.73	Keck DIII Select, 2/2/19
Rebecca Kelly (St. Charles, Ill. / St. Charles East HS)	2:39.89	Monmouth Invitational, 2/9/19
Jaclyn Dziewior (Hanover Park, Ill. / Glenbard North HS)	2:40.22	Monmouth Invitational, 2/9/19
Katie Vogler (Quincy, Ill. / Quincy HS)	2:41.44	Monmouth Invitational, 2/9/19
Madi Walter (Troy, Ill. / Triad HS)	2:54.94	Monmouth Invitational, 2/9/19

1000 Meter Run

IWU Record: Mackenzie Clemens	3:03.33	2010
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1500 Meter Run

IWU Record: Megan Byrne	4:52.80	2004
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Mile

IWU Record: Erin McCarey	4:59.29	2016
Jenna Mirande (Peoria, Ill. / Limestone HS)	5:16.68	DePauw Invitational, 2/16/19
Cecilia Galvan (Chicago, Marist HS)	5:20.36	CCIW Championships, 2/23/19
Rachel Budd (Cedarburg, Wis. / Cedarburg HS)	5:32.16	CCIW Championships, 2/23/19
Allison Schrader (Hoffman Estates, Ill. / Hoffman Estates HS)	5:40.22	Keck DIII Select, 2/2/19
Lexie Dorsey (Mahomet, Ill. / Mahomet-Seymour HS)	5:40.64	Keck DIII Select, 2/2/19
Kayleigh Pitterman (Glenview, Ill. / Glenbrook South HS)	5:52.61	Keck DIII Select, 2/2/19
Madi Walter (Troy, Ill. / Triad HS)	6:21.24	Keck DIII Select, 2/2/19

3000 Meter Run

IWU Record: Erin McCarey	9:50.29	2016
Jillian Cole (Springfield, Ill. / Springfield HS)	10:35.45	CCIW Championships, 2/23/19
Cecilia Galvan (Chicago, Marist HS)	10:48.33	Top Times Titan Open, 1/26/19
Jenna Mirande (Peoria, Ill. / Limestone HS)	10:49.40	Monmouth Invitational, 2/9/19
Lexie Dorsey (Mahomet, Ill. / Mahomet-Seymour HS)	11:01.24	CCIW Championships, 2/23/19
Allison Schrader (Hoffman Estates, Ill. / Hoffman Estates HS)	11:20.07	Monmouth Invitational, 2/9/19
Katie North (Aurora, Ill. / Metea Valley HS)	11:00.71	CCIW Championships, 2/23/19
Rachel Shoenecker (Glen Carbon, Ill. / Edwardsville HS)	11:31.11	Keck DIII Select, 2/2/19

5000 Meter Run

IWU Record: Erin McCarey	17:27.36	2016
Jillian Cole (Springfield, Ill. / Springfield HS)	18:20.53	CCIW Championships, 2/23/19
Katie North (Aurora, Ill. / Metea Valley HS)	19:04.36	CCIW Championships, 2/23/19
Cecilia Galvan (Chicago, Marist HS)	19:35.35	Keck DIII Select, 2/2/19
Rachel Shoenecker (Glen Carbon, Ill. / Edwardsville HS)	19:59.71	CCIW Championships, 2/23/19

60 Meter Hurdles

IWU Record: Amanda LaRocca	8.76	2010
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	9.35	Top Times Titan Open, 1/26/19
Jordan Jumper (Danvers, Ill. / Olympia HS)	9.50	Top Times Titan Open, 1/26/19
Cora Wilkinson (Verona, Ill. / Seneca Township HS)	9.76	IWU First Chance, 12/1/18
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)	10.70	IWU First Chance, 12/1/18
Katie Vogler (Quincy, Ill. / Quincy HS)	11.34	DePauw Invitational, 2/16/19

4x200 Meter Relay

IWU Record: Williams, Dionne, Taylor, Rawlins	1:42.32	2002
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4x400 Meter Relay

IWU Record: Rock, Clemens, Christy, Alpert	3:46.52	2012
Jill Runyon (Pekin, Ill. / Tremont HS)	3:56.34	CCIW Championships, 2/23/19
Becca Anderson (Clinton, Ill. / Clinton HS)		
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)		
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)		
Jill Runyon (Pekin, Ill. / Tremont HS)	3:58.45	Keck DIII Select, 2/2/19
Becca Anderson (Clinton, Ill. / Clinton HS)		
Cora Wilkinson (Verona, Ill. / Seneca Township HS)		
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)		
Katie Vogler (Quincy, Ill. / Quincy HS)	4:19.10	IWU First Chance, 12/1/18
Davida Boron (Country Club Hills, Ill. / Rich Central HS)		
Rachel Osoba (Naperville, Ill. / Neuqua Valley HS)		
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)		
Jenna Mirande (Peoria, Ill. / Limestone HS)	4:26.47	Top Times Titan Open, 1/26/19
Jorri Sandage (LeRoy, Ill. / LeRoy HS)		
Katie Vogler (Quincy, Ill. / Quincy HS)		
Dareana Roy (Harvey, La. / Patrick F. Taylor Academy)		

4x800 Meter Relay

IWU Record: Biosca, Devitt, Polzin, Wachendorf	9:47.57	2008
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Distance Medley Relay

IWU Record: Clemens, Alpert, Kirby, Biosca	11:53.22	2011
Jenna Mirande (Peoria, Ill. / Limestone HS)	12:31.48	CCIW Championships, 2/23/19
Becca Anderson (Clinton, Ill. / Clinton HS)		
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)		
Cecilia Galvan (Chicago, Marist HS)		

High Jump

IWU Record: Molly McGraw	5' 8"	2015
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	5' ¼"	Monmouth Invitational, 2/9/19
Cora Wilkinson (Verona, Ill. / Seneca Township HS)	4' 10 ¼"	IWU First Chance, 12/1/18
Katie Vogler (Quincy, Ill. / Quincy HS)	4' 4 ¼"	IWU First Chance, 12/1/18

Long Jump

IWU Record: Amelia Glueck	19' 4 ¾"	2017
Emma Helferich (Monticello, Ill. / Monticello HS)	17' 9 ½"	Keck DIII Select, 2/2/19
Cora Wilkinson (Verona, Ill. / Seneca Township HS)	17' 7"	IWU First Chance, 12/1/18
Nia Lee (Romeoville, Ill. / Romeoville HS)	17' 6 ¼"	CCIW Championships, 2/23/19
Rachel Osoba (Naperville, Ill. / Neuqua Valley HS)	17' 3 ¼"	Carthage Final Qualifier, 3/1/19
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	16' 8 ¾"	IWU First Chance, 12/1/18
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)	14' 8 ½"	IWU First Chance, 12/1/18
Katie Vogler (Quincy, Ill. / Quincy HS)	14' 7 ¼"	IWU First Chance, 12/1/18

Triple Jump

IWU Record: Jill Harmon	39' 7 ¼"	2016
Rachel Osoba (Naperville, Ill. / Neuqua Valley HS)	35' 7 ½"	CCIW Championships, 2/23/19
Nia Lee (Romeoville, Ill. / Romeoville HS)	35' 4 ½"	CCIW Championships, 2/23/19
Emma Helferich (Monticello, Ill. / Monticello HS)	33' 5 ¼"	CCIW Championships, 2/23/19
Katie Vogler (Quincy, Ill. / Quincy HS)	32' 3"	IWU First Chance, 12/1/18

Pole Vault

IWU Record: Jamie Gradishar	12' 4 ¾"	2016
Tamara Snevely (Joliet, Ill. / Joilet Central HS)	9' 5"	CCIW Championships, 2/23/19

Shot Put

IWU Record: Karly Goodman	44' 3.5 "	2018
Ayana Blair (Wheeling, Ill. / Wheeling HS)	40' 4"	CCIW Championships, 2/23/19
Angela Roman (Mt. Prospect, Ill. / Prospect HS)	39' 4 ½"	DePauw Invitational, 2/16/19
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	35' 2"	Keck DIII Select, 2/2/19
Gia Joyce (Elgin, Ill. / Elgin Academy)	31'	DePauw Invitational, 2/16/19
Sydni McStravick (Encinitas, Calif. / La Costa Canyon HS)	28' 9 ¾"	Monmouth Invitational, 2/9/19
Yesenia Martinez Calderon (Chicago, Ill./Curie HS)	27' 2 ¾"	Keck DIII Select, 2/2/19

Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)
Katie Vogler (Quincy, Ill. / Quincy HS)
Cora Wilkinson (Verona, Ill. / Seneca Township HS)

26' 9 ¼"

24' 7 ¾"

24' ¼"

IWU First Chance, 12/1/18

Monmouth Invitational, 2/9/19

IWU First Chance, 12/1/18

Weight Throw

IWU Record: Karly Goodman

Ayana Blair (Wheeling, Ill. / Wheeling HS)

Angela Roman (Mt. Prospect, Ill. / Prospect HS)

57' 9 ½"

51'

49' 11 ¼"

2018

IWU First Chance, 12/1/18

CCIW Championships, 2/23/19

Pentathlon

IWU Record: Allie Boudreau

Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)

Katie Vogler (Quincy, Ill. / Quincy HS)

3631

3402

2237

2015

DIII Championships, 3/8/19

CIW Championships, 2/23/19

Last updated: March 18, 2019 by Gordon Ramsey